

Event	<b>CSEN Cross Country Carnival</b>	Assessment Date	<b>1/11/18</b>
Assessed By	<b>Karen Davidson</b>	Approved By	

Locations	<b>Bundoora Park, Bundoora</b>	Activities	<b>Cross Country Running</b>
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<b>1 INDOOR HAZARDS</b>		
1.1	Inappropriate lighting	
1.2	Temperature	Y
1.3	Insufficient or unsuitable space	
1.4	Untidiness – causing trip / fire hazard	
1.5	Stairs – dark / steep / no handrail	
1.6	Lack of fire escapes / extinguishers / procedures	
1.7	Slip / trip / fall hazards	
1.8	Inadequate ventilation	
1.9	Inhalation of dust	
1.10	Poor surfaces for activities – slips / trips / impact	
1.11	Electrical hazards	

<b>2 SPORTING ACTIVITY HAZARDS</b>		
2.1	Uneven playing surface	Y
2.2	Playing surface too hard or soft	Y
2.3	Hard or sharp objects on pitch	Y
2.4	Sliding on Astroturf or similar surface	Y
2.5	Collisions / Conflict with surrounding objects or people	Y
2.6	Impact from sports equipment - Ball or Clubs	
2.7	Contact sport injury	Y
2.8	Personal injury – fracture / sprains / cuts	Y

<b>3 HAZARDS ON COASTS &amp; COASTAL WATERS</b>		
3.1	Falls from cliffs, piers, sea walls	
3.2	Struck by falling objects from cliff	
3.3	Slips & falls on slopes / loose surfaces	Y
3.4	Quick sand & mud	Y
3.5	Access problems due to steep angle of beach slope	
3.6	Collisions between water users	
3.7	Swept away by wave surges	
3.8	Being washed against rocks / piers	
3.9	Low water temperatures	
3.10	Communication problems from waves / swell / distance	
3.11	Struck by objects in water	
3.12	Stranded by tides	
3.13	Swept away by currents	
3.14	Rip tides	
3.15	Longshore drift	
3.16	Conflicts between beach users	

<b>HAZARDS ON STILL / MOVING WATER</b>		
4.1	Getting swept away from equipment or people	
4.2	Collision with rocks in and to sides of rivers	
4.3	Striking / trapping by submerged obstacles	
4.4	Being dragged down by undertow	
4.5	Restricted or impossible access to / from water	
4.6	Access problems – rescue / getting kit into water	
4.7	Falls from drops in level at weirs / waterfalls	
4.8	Getting out of depth	
4.9	Low water temperature	
4.10	Separation from other people	Y
4.11	Slips / trips on steep banks or uneven surfaces	Y
4.12	Difficult communications	Y
4.13	Remote locations	Y

<b>5 HAZARDS ON HILLS AND MOUNTAINS</b>		
5.1	Slips & trips on grass, mud, rock	Y
5.2	River crossings	
5.3	Remote locations	Y
5.4	Difficult communication – weather / distance	Y
5.5	Falling debris	Y
5.6	Extra work imposed by terrain type / angle	
5.7	Lack of shelter	Y
5.8	Separation of group members	Y
5.9	Getting lost	Y
5.10	Falls from height	
5.11	Extremes of weather	Y

<b>6 PEOPLE &amp; ORGANISATIONAL HAZARDS</b>		
6.1	Lack of information, training or instruction	Y
6.2	Poor activity planning or preparation	Y
6.3	Poor activity delivery or organisation	Y
6.4	Ignorance of rules and / or procedures	Y
6.5	Unsafe behaviour or attitude	Y
6.6	Lack of appropriate first aid equipment and experience	Y
6.7	Medical conditions of participants	Y
6.8	Poor safety control from group leaders	Y
6.9	Poor safety awareness from participants	Y
6.11	Lack of cooperation within group	Y
6.12	Differing skill levels within group	Y
6.13	Low level of physical fitness / strength	Y
6.14	Aggression between participants	Y
6.15	Aggression from crowd / public	Y
6.16	Contact between participants increasing risk	Y

<b>7 EQUIPMENT AND OTHER HAZARDS</b>		
7.1	Crash handling	
7.2	Transport to and from your activity	Y
7.3	Food poisoning	Y
7.4	Hazardous substances	
7.5	Equipment with moving / hot parts	
7.6	Heavy equipment	
7.7	Electrical hazards from equipment	
7.8	Noise from equipment	Y
7.9	Risk of trapping body / clothing in equipment	Y
7.10	Inadequate environment for equipment operation	
7.11	Inadequate protective equipment	Y
7.12	Equipment in unsuitable condition	Y

<b>8 OTHER HAZARDS SPECIFIC TO YOUR ACTIVITY</b>		
8.1	Sun sense & Dehydration	Y
8.2	Inappropriate running attire	Y
8.3	Inappropriate clothing for weather conditions	Y
8.4		
8.5		
8.6		
8.7		
8.8		
8.9		
8.10		

# Risk Assessment – Cross Country Championships

<b>Event</b>	<b>CSEN Cross Country</b>	<b>Number of persons involved</b>	<b>Approx 2000</b>
<b>Nature of Activity</b>	<b>Cross Country Running</b>	<b>Frequency of Activity</b>	<b>Annually</b>
<b>Assessed By</b>	<b>Karen Davidson</b>	<b>Date</b>	<b>Various – refer to calendar</b>

Hazard Ref.	Potential Effect	Existing Controls in Place	Score Risk	Further Controls Required?	Who By	When
2.1, 2.2, 2.3, 2.4, 2.8, 3.3, 3.4, 4.11, 5.1, 7.12	<b>Trip during race due to uneven surface and nature of competition</b>	Track must be cleared of debris at the start of the day by staff from the convening school. Students are to be given the option of walking the track prior to the first race to familiarise themselves with the terrain.	Low			
2.5, 2.7, 3.3, 3.4, 4.11, 5.5, 6.6, 6.8, 6.9, 6.13, 6.16	<b>Personal injury due to impact or contact</b>	Wide start line to minimise contact between participants. St Johns to be booked for carnival. If serious injury does occur then an ambulance must be called immediately by the school staff / CSEN officials	Low	All course marshals to have a basic first aid kit with them out on the course.	School supplying marshal	On day of carnival
4.10, 4.12, 4.13, 5.3, 5.4, 5.8, 5.9	<b>Remoteness of activity</b>	All course marshals to have radio / mobile contact, clearly marked course	Low			
1.2, 5.7, 5.11, 6.1, 7.9, 8.1, 8.2	<b>Extremes of weather</b>	School staff and CSEN staff will monitor racing conditions in relation to heat, storms and adverse running weather. Races may be postponed, suspended or cancelled as required.	Medium			
8.1	<b>Sun Sense</b>	All competitors reminded to Slip, Slop, Slap before commencing. All students are expected to bring their own water bottles.	Low			
7.2	<b>Transport to and from your activity</b>	Responsibility is with the school staff and/or parents.	Low			
6.11,14,15 & 16	<b>Lack of co operation from people at venue</b>	Players, coaches and spectators are required to conduct themselves in accordance with CSEN Code of Conduct.	Low/Medium			
6.3 & 7.12	<b>Poor activity delivery or organisation</b>	Venue staff and CSEN staff will ensure that all athletes are briefed regarding: the organisation of the venue and intervene where necessary if problems occur during races. The best equipment available will be used. Carnival Coordinators are responsible for the timely distribution of information. Schools participating are responsible for students enrolled at their school.	Low	Up to date medical information / risk assessment required.	Individual school staff	

6.1, 6.2, 6.3, 6.4, 6.5, 6.6, 6.8, 6.9	<b>Ignorance of rules and / or procedures</b>	CSEN Code of Conduct is clear as to expectations upon students. All participants are aware of this Code and there are copies on the CSEN Website available to the public.	Low	Rules published on CSEN website. Any rule updates or concerns discussed at next sports coordinators meeting	CSEN Staff	
6.5, 6.8	<b>Child Safety Procedures</b>	CSEN Child Safety Documentation is available at all venues. External officials organised by CSEN must sign the Child Safe register. Officials organised by individual schools must sign the school register. This register is to be forwarded to the CSEN CSO at the end of each term.	Medium	All schools to forward a copy of the schools Child Safety Register to be kept on file by CSA. CSA will also retain the registers from each activity that outside officials are sought.	CSA CSO	
6.7, 6.12	<b>Personal injury</b>	Schools to prepare suitable Risk Management Plan for their students and bring required equipment to manage the risk	Low			
7.8	<b>Noise injury</b>	Ensure starter and gun is away from competitors	Low			
7.11, 8.1, 8.2, 8.3	<b>Appropriate clothing</b>	Ensure students are briefed by school staff before event re appropriate clothing for all weather conditions	Low			
7.3	<b>Food Poisoning</b>	Ensure those running the canteen have appropriate food handling qualifications.	Low	Collect copy of food handling certificate from staff	CSEN Staff	

